



SCHEDULE 5-DAY MHFA CANADA BASIC INSTRUCTOR TRAINING

TIME	MONDAY	TUESDAY	TIME	WEDNESDAY	TIME	THURSDAY	FRIDAY
8:00-8:30	Sign-in Breakfast Review of 5-day Schedule <i>Note: at 8:30 a.m., the MF starts to model the 12 hour course and Instructor candidates put on their 'participant' hat.</i>	Breakfast Open discussion Debriefing Day 1  <i>Note: at 9:00) a.m., the MF starts to model the 12 hour course and Instructor candidates put on their 'participant' hat.</i>	8:00-8:15 8:15-9:00	Breakfast Review the evaluation criteria and scoring guide for the presentations. Discussion of Effective Peer Feedback Q & A	8:00-8:30	8-8:30 Breakfast and general discussion <i>Note: 1 hr. is slotted for each presentation: 5 mins. set up 45 mins. present 10 mins. feedback</i>	8-8:30 Breakfast and general discussion <i>Note: 1 hr. is slotted for each presentation: 5 mins. set up 45 mins. present 10 mins. feedback</i>
8:30-9:00	Model the 12 hour participant course <ul style="list-style-type: none"> • Welcome • Housekeeping • Introductions • Ground Rules • Course Overview • Expectations <i>For each section, use an example/story to make the material come alive.</i>	 <i>Note: at 9:00) a.m., the MF starts to model the 12 hour course and Instructor candidates put on their 'participant' hat.</i>	8:30-1000	Review Instructor's Manual <ul style="list-style-type: none"> • Review each section and emphasize main teaching points. • Use examples/stories from modeling the 12 hour course to emphasize teachable moments. • Q & A with Instructor Candidates as each section is reviewed 	8:30-9:30 9:30-10:30	Presentation #1 Introduction and Section 1 up to page 4. Presentation #2 Mental Illness, complete section 1.	Presentation #4 Anxiety disorders up to page ____ Presentation #5 Anxiety disorders up to page ____
9:00-10:30	Section 1 Mental Health and Mental Illness	Section 4 Anxiety Disorders					
10:30-10:45	Break	Break	10:00-10:15	Break	10:30-10:45	Break	Break
10:45-12:15	Section 2 Substance Use Disorders	Section 4 Anxiety Disorders	10:15-12:15	Review Instructor's Manual <ul style="list-style-type: none"> • Review each section and emphasize main teaching points. • Use examples/stories from modeling the 12 hour course to emphasize teachable moments. • Q & A with Instructor Candidates as each section is reviewed 	1045:11:45	Presentation #2 Substance related disorders up to page ____	Presentation #5 Psychotic disorders up to page ____
12:15-12:45	Instructor Candidate Lunch <i>(1/2 hour to 1 hour lunch break option for regular Participants)</i>	Instructor Candidate Lunch <i>(1/2 hour to 1 hour lunch</i>	12:15-12:45	Lunch provided	1145:1230	Lunch	Lunch

		<i>break option for regular Participants)</i>					
12:45-2:15	Section 3 Mood Disorders	Section 5 Psychotic Disorders	12:45-1:15	Handouts: Overview of Instructor's Extranet, Ordering Materials Organizing courses	12:30-1:30	Presentation #2 Substance related disorders up to page ____	Presentation #6 Psychotic disorders up to page ____
2:15-2:30	Break	Break	1:15-1:45	Handouts: Brief overview of Teaching Tips, Room set up, Flip Chart Tips Marketing Tips, Media Tips, PowerPoint tips.	1:30-2:30	Section #3 Mood disorders up to page ____	Resources section, general debrief, 1 on 1 interviews
2:30-4:00	Mood Disorders <i>End of Participant Class</i>	Psychotic Disorders <i>End of Participant Class</i>	1:45-2:15	Discuss process for presentations and peer feedback.	2:30-2:45	Break	1 on 1 interview
4:00-4:15	Distribution of Instructor Kits Handout Homework-Learning Styles	Handout Assignments	4:00-4:15	Instructor candidates receive presentation topics.	2:45-3:45	Section #3 Mood disorders up to page ____	1 on 1 interviews
4:15-5:00 Optional	Q & A - <i>participants may stay or leave</i>	PowerPoint Practice; use of remote control	4:15-5:00 Optional	Optional support from MFs/Contract Trainer.	3:45-4:00	Debrief	4:00 celebrate; photos