



## Mental Health First Aid Canada

### 3 Day Youth Instructor Training Course Criteria and Expectations

Applicants who wish to become instructors are selected on how well they meet the criteria to teach Mental Health First Aid Canada for Adults Who Interact with *Youth* (MHFA Canada *Youth*). Instructor candidates are screened through a rigorous selection process to ensure the following criteria are met:

#### **3 Day *Youth* Instructor Training Course**

- Completion of the MHFA Canada *Basic* Instructor course
- Instructor status in good standing
- Good knowledge of mental disorders and "treatments" as applicable to youth
- Personal or professional experience with youth with mental health problems
- Good knowledge of the range of mental health services for youth in their area
- Good business plan or organizational support to ensure MHFA Canada sustainability

As part of becoming an instructor, you will be asked to sign an MHFA Canada Instructor Agreement. Please review this agreement before attending the training.