



Mental Health  
First Aid



**2010 Application to Train  
as a Mental Health First Aid Canada *Youth* Instructor  
[MHFA Canada for Adults who Interact with Youth 12 to 24 years of age]  
(3 day course)**

<b>APPLICANT'S NAME</b>	First Name	Surname	Gender
<b>WORKPLACE</b>			
<b>WORK POSITION</b>	Title		
<b>WORK ADDRESS</b>			
<b>HOME ADDRESS</b>			
<b>CONTACT NUMBERS</b>	[w] Phone:	[h] Phone:	
	Cell:	Fax:	
<b>EMAIL ADDRESS</b>	[w] e-mail:	[h] e-mail:	
<b>COURSE YOU ARE APPLYING FOR</b>	Course date:	Course location:	
	___/___/2010 to ___/___/2010		
<b>Course Dates/Locations are available at: <a href="http://www.mentalhealthfirstaid.ca/COURSE/">http://www.mentalhealthfirstaid.ca/COURSE/</a></b>			
<b>Cancellation Policy:</b> *A cancellation fee of \$200 applies to all notifications received 4 weeks in advance of the MHFA Canada course date or a cancel fee of \$450 is charged for all notifications received less than 4 weeks in advance. Notice received after the class date or no show at the class will result in no refund.			

The MHFA Canada *Youth* Instructor Training Course is conducted over 3 consecutive days (see schedule on website). The cost is \$1,800. This covers training and catering during the course hours. *It does not cover travel or accommodation. Should you be unsuccessful in becoming an MHFA Canada Basic Instructor, there will be a fee of \$450 for your attendance and catering at the 3-day course. You will not be able to keep the MHFA materials.*

In order to select candidates with the appropriate skills and experiences to organize and teach the 14-hour MHFA *Youth* course, please provide answers to the questions below to demonstrate that you meet the following criteria:

- Completion of the MHFA Canada *Basic* Instructor course
- Instructor status in good standing

- Good knowledge of mental disorders and treatments as applicable to youth
- Personal or professional experience with youth with mental health problems
- Good knowledge of the range of mental health services for youth in their area
- Good business plan or organizational support to ensure MHFA Canada sustainability

The 14-hour Mental Health First Aid (MHFA) *Youth* course is designed for adults who interact with youth 12 to 24 years of age. This includes health care workers, parents, teachers, police etc.

1. We are interested in your experiences and skills that would enable you to teach this course.
  - (a) What are your **personal and professional experiences and qualifications related to youth mental disorders**? Your answer needs to demonstrate that you have **good knowledge of mental disorders, their treatments, and mental health and community services for youth**.
  
2. Are you attached to an organization that will support you in some ongoing way as an MHFA Canada *Youth* Instructor? Your answer needs to demonstrate that you have a **good business plan or organizational support to ensure MHFA sustainability**.
  - (a) If “Yes”, please explain the support this organization will provide.
  - (b) If “No”, please briefly explain the business plan you will use for this endeavour and any source of support and/or sponsorship.
  
3. Are there any group/s of people to whom you are particularly suited to deliver MHFA Canada *Youth* courses? If so, how would you organize and conduct MHFA Canada *Youth* courses to this group?

**Application Checklist:**

- Application Form**
- Completed Questions**
- Resume**
- Letter of support from your organization or 2 letters of reference if you are self-employed that address the criteria noted above.**
- Cheque made out to Mental Health Commission of Canada for \$1800 sent to:**

Mental Health Commission of Canada  
 attn: MHFA Canada Finance Department  
 10301 Southport Lane SW, Suite 800  
 Calgary, AB T2W 1S7

**e-mail:** [mhfa@mentalhealthcommission.ca](mailto:mhfa@mentalhealthcommission.ca)

**fax:** 780-459-5804

**phone:** 1-866-989-3985