



Mental Health First Aid Canada

5.5 Day Youth Instructor Training Course Criteria and Expectations

Applicants who wish to become instructors are selected on how well they meet the criteria to teach Mental Health First Aid Canada for Adults Who Interact with *Youth* (MHFA Canada *Youth*). Instructor candidates are screened through a rigorous selection process to ensure the following criteria are met:

5.5 Day Youth Instructor Training Course

- Experience in the field of mental health and mental illness
- Good knowledge of mental disorders and their treatment as applicable to youth
- Experience delivering training/teaching effectively to adult learners
- Knowledge of the range of mental health services for youth in their area
- Good interpersonal and communication skills
- Experience in networking with community partners
- Positive attitudes towards people with mental health problems
- Enthusiasm to reduce stigma/discrimination associated with mental illness
- Good business plan or organizational support to ensure MHFA Canada sustainability

As part of becoming an instructor, you will be asked to sign an MHFA Canada Instructor Agreement. Please review this agreement before attending the training.