



## Mental Health First Aid Canada

### Instructions for Letter of Support from Organization

You have been asked to provide a letter of support for an applicant to the Instructors training of the Mental Health First Aid Canada program. If this applicant is successful, they will be providing the 14-hour Mental Health First Aid Canada *For Adults Who Interact With Youth* (ages 12 to 24) course to a variety of groups.

In your letter, please make specific reference to how your organization will support the applicant through: (including but not limited to)

- providing time to prepare and deliver at least four MHFA Canada courses per year to maintain certified status
- providing space to hold the MHFA Canada courses

Your letter of support is required for the application to be processed. Please send to:

Mental Health First Aid Canada  
Mental Health Commission of Canada  
#221 7 St Anne St  
St Albert AB T8N 2X4

Phone: 1-866-989-3985  
or email: [mhfa@mentalhealthcommission.ca](mailto:mhfa@mentalhealthcommission.ca)  
or fax: (780) 459-5804